

Drinks

Cold		Tea	 ... Tea bags used for take out	Coffee	
Coke float	£3.27	Best selling brews from the Brew Tea Co. £2.20		100% arabica beans. Fabulous!	
Smoothies ... Just pure fruit & ice	£3.27	All whole leaf tea that tastes miles better than the dust in those little paper tea bags.		Choose from skinny or full-on and also decaf	
Banana, Strawberry or a mix of both		English Breakfast – The nation's favourite, made with lovely Assam tea, a little bit of tea from Sri Lanka and some tea from China.		All large drinks	+60p
Shakes		Earl Grey – The quintessential British cuppa. Rolled Sri Lankan tea and natural Italian Bergamot oil with a little bit of orange peel and some calendula petal.		Extra shot	+50p
We are always creating new shake flavours, so suggest some others and we will give it a try!		Moroccan Mint – Very refreshing with a little bit of green tea along with the dried peppermint for an extra bit of razzmatazz.		Add syrup	+60p
Your favourite chocolate bar	£3.27	Green tea – Large leaf Chinese green tea is really simple and delicate. A splash of cold water is added before its brewed to stop it turning bitter.		Americano	£1.90
(Twix, Oreo, Mars Bar, Bounty, Mint Aero, Snickers, Crunchie biscuit, Daim Bar, Nutella) with ice cream and milk		Fruit Punch – A blend of hibiscus, strawberry, orange, lemongrass and apple. A spoonful of sugar is nice too.		Cappuccino	£2.20
Strawberry or strawberry and banana	£3.27	Masala Chai – Cinnamon, cardamom, ginger, clove and black pepper spiced tea. Really lovely with both milk and sugar so ticks the “not too weird” box as well.		Espresso	£1.60
Coke, Diet Coke, Fanta, Sprite	£1.67			Latte	£2.20
Original and best in a tin!				Macchiato	£1.70
Glass of cool, cold milk	£1			Mocha	£2.30
Water, still and fizzy	£1.50				
Glass of orange or apple juice	£1.67			Hot Chocolate	Reg £2.40 Large £3.00
Frappes	£3.27			This is just fabulous. Made with Van Houten's 50% chocolate, this is the creamiest, most chocolatey hot choc that we have ever, ever tasted!	
				Deluxe Hot Chocolate	Reg £2.90 Large £3.50
				With whipped cream and the softest marshmallows	
				Chai Latte	£2.20
				For comfort, energy and a dash of happiness. Served with frothy hot milk.	

See our specials board for our other hot & cold drinks!



Let's Party!

Children's Pancake Parties and Adults' Events

Once we close, the whole place is yours to hold a fabulous private party.

Children's Pancake Parties last up to 1½ hours and include funky food - decorate your own pancakes, mini sausages, sandwiches (a selection of jam, Nutella, ham, cheese), nachos and an unlimited supply of juice. Party games and dance area with music of your choice. You bring the party bags and the cake and just leave the mess to us! Minimum of 12 children. Adult supervision essential.

From £9.95 per child

A Perfect Place for an Adult's Event... Christenings, birthdays and other celebrations.

Hire our venue and bring your own food and drink. Or we can do the hard work and organise hot and cold buffet style food, drinks, music and anything else you might need for a memorable event.

Ask us for details!

... Outside catering is available for all kinds of events and celebrations. From weddings to children's pancake parties and everything in between.

The Interesting Eating Company

Passionate About Good Food

We are passionate about good food, freshly created by our team who just love food.

We source our products from like-minded, creative food and drink creators so that our customers can enjoy fabulous food and drinks that are just bursting with great flavours. With breads and cakes from gems of small bakeries, scrumptious Italian ice cream, to all kinds of sweet and savoury pancakes and lots of other surprises, we have something to tempt your taste buds. So whether its for business or purely pleasure, come and enjoy interesting things to eat and drink.

And... We really want to know what you think so all feedback (good, bad or truly ugly) is really welcome.

Pancake and Shake Happy Hour

Mon-Fri 3-5pm • All pancakes and shakes £3.27 each*



*excluding Bank Holidays

Important Stuff

Fabulous homemade Italian gelato ice cream.

1 scoop in a cone or bowl £1.67
2 scoops in a cone or bowl £2.97

Shakes
Your favourite chocolate bar £3.37
(Twix, Oreo, Mars Bar, Bounty, Mint Aero, Snickers, Crunchie biscuit, Daim Bar, Nutella) with ice cream & milk
Strawberry or strawberry & banana £3.37

We are always creating new shake flavours, so suggest some others and we will give it a try!

Breakfast SERVED ALL DAY

Gluten free available

TIEC all the 2's Breakfast £6.97
2 poached eggs, 2 of Tom's sausages, 2 slices of grilled bacon and oodles of baked beans. 2 rounds of hand cut toast with butter and your choice of preserves. And finally, your choice of tea or coffee. ... add a blast of vitamin C... add a glass of apple or orange juice +97p
Veggie breakfast £6.97
2 poached eggs, 2 veggie sausages, oodles of baked beans, roasted vegetables, 2 rounds of hand cut toast with butter and your choice of preserves. And finally, your choice of tea or coffee
Skinny breakfast £5.97
2 poached eggs, oodles of baked beans, 3 slices of grilled bacon (cut off your own fat!). And finally your choice of tea or coffee with skinny milk
Pancake and Tom's sausages £4.97
Scrambled eggs with a choice of toast £3.97
Bagel with smoked salmon with green pesto and pine nuts £5.27
2 Poached eggs with choice of toast £4.27
Eggs Benedict £4.27
2 poached eggs served on a toasted bagel drizzled with hollandaise sauce ... with ham £5.27 or smoked salmon £6.27
Pancake and maple syrup £3.97
Pancake with bacon £3.97
Elliot's eggy bread £3.97
2 pieces dusted with icing sugar.
Bacon or Tom's sausages on toast £3.17
Bagel with cream cheese £3.17
Toast, 2 hand cut slices £1.90
Selection of white, brown or rye. Butter and choice of preserves
Bagel £2.10
toasted and buttered served with choice of preserves
Porridge £2.10
with a choice of jam, syrup or honey
add banana and strawberry +90p
Extra portion of bacon, sausage, egg or baked beans +90p

* Gluten free breads & cookies * Soya milk available *

Take away Brew Tea Co. tea & illy coffee



Shakes, smoothies, hot chocolate & cakes to take away

Interesting Salads

All served with seasonal salad £6.27

Poached chicken and strawberries with a balsamic glaze
Roasted vegetables
Roasted peppers, aubergines, onions, courgettes, tomatoes, olive oil and mixed herbs
TIEC Chicken Caesar salad
Chicken, croutons and Caesar dressing
Chicken and bacon salad
Chicken, bacon and balsamic glaze
Smoked salmon
Smoked salmon, cream cheese and balsamic glaze.
Alex's sunny tomato salad
2 boiled eggs, pine nuts, sultanas, onions, sun dried tomatoes, roasted peppers and garlic dressing

Scrumptious Sandwiches

Baked locally, our breads are full of flavour and made with the finest French Mie Crème flour, fresh yeast, salt and water. No plastic bread here! And, yes, we have gluten free bread too! So choose your bread - white, brown or rye - and enjoy our impressive sandwiches.

Served with seasonal salad and tortilla chips
Hot salt beef on rye £7.97
One of our fabulous signature dishes! Rye bread filled with warmed salt beef, dill pickle and mustard
Pastrami on rye £6.97
Served with dill pickle
Tuna £5.97
Oodles of tuna mixed with red onion, peppers and mayonnaise and finished off with melted cheese
Houmous & roasted vegetables £5.97
Chicken and mayonnaise £5.97
Coronation chicken £5.97
Egg mayonnaise £5.97
Bagel with smoked salmon and cream cheese £5.47
Bagel with egg mayonnaise and onion £5.27

Children's Menu

One poached egg and soldiers £2.77
One slice of eggy bread £2.77
Half a sandwich £2.77
Ham, cheese, tuna, ham and cheese
Half a toastie £2.77
Ham, cheese, tuna, ham and cheese
Small pancake and sausage £2.77
Nachos £2.77
Houmous and toast £2.77
Banana on toast £2.77
Baked beans on toast £2.77
Babyccino 67p
frothy milk with a dusting of chocolate

Memories of Childhood

for kids of all ages! all at £2.77

Bring back those sweet memories with our sandwiches: banana and sugar, honey, strawberry jam, peanut butter or Nutella on your choice of fresh bread

Tempting Toasties and Perfect Paninis

All our Paninis and Toasties are freshly made and served with tortilla chips and salad garnish. Gluten free bread available.
Interesting fact you can't do without: did you know that panini is the cooking process, not the type of bread?

Paninis all at £5.97 • Toasties all at £5.57

Ham and Cheddar cheese
Cheddar cheese and tomato
Cheddar cheese and onion
Chicken, Emmental cheese and pesto
Tuna and red onion melt
Roasted vegetable, pesto & Emmental cheese
Meatballs and mozzarella cheese
Meatfeast - bacon, sausage and cheese
Cheese

Baked Potatoes

All served with a salad garnish

Just butter £4.25
Tuna and red onion all at £5.25
Low fat cottage cheese
Grated cheese
Baked beans and cheese
Chicken and bacon
Coronation chicken

Soup

... check out our warming soups - see our specials board!

The Interesting Eating Company's Sooooop.
Served with your choice of white, brown, rye and gluten free bread.

Vicky's traditional chicken soup £4.97
One of our fabulous signature dishes! Our broth style soup is slowly cooked for hours to bring out the best of the chicken, with carrots, onions and dumplings.

Pancakes OUR SPECIALITY!

Gluten free available made to order, not available during busy periods

Savoury

Chicken and creamy mushroom all at £6.27
Ham and cheese
Cheese
Roasted vegetables and sun-dried tomatoes
Smoked salmon with rocket and cream cheese

Sweet

...also available as American pancakes +50p

Simply lemon and sugar £3.27
Maple syrup £3.97
with your choice of ice cream £4.57
Peanut butter £4.97
Ella's Nutella £4.97
Nutella and banana £4.97
Natasha's strawberry and banana £4.97
Francesca's strawberry and balsamic glaze £4.97
Banana and toffee £4.97
Kids: decorate your own pancake! £3.97
Get creative with a selection of children's favourite toppings and sauce of your choice
American Pancakes with bacon and maple syrup £4.97

Treats

Gluten free cookies and cakes from £1.97
Margaret's Scone with with jam and whipped cream £2.97
Banana split £3.67
Banana with 2 scoops of vanilla ice cream and cream, topped with strawberry and chocolate sauces and sprinkles
Ben's meringue £3.97
With strawberries and whipped cream, dusted with chocolate
Cream Tea £4.97
Scone, jam and whipped cream served with your choice of tea or coffee
Ice Cream Sundaes £3.97
Choice of flavours

Little Nibbles

Olives £2.27
Houmous and toast £2.97
Nachos with melted cheese £2.87

Business Breakfast, Meeting or Networking event

We are experts at creating successful business events.

From corporates to small businesses we are a great place for successful meetings. A refreshing alternative to city centre venues, we are open as early as you would like us to be. We are also a great venue for your end of day event.

We will arrange everything to make your event a successful and memorable one which is good for you and your business. Ask us for details!



Services & Ex Services

15% discount** *with valid ID

** not in conjunction with any other offer

15% Student Discount** *with valid ID

Check out our Specials boards!!

Please place your order at the till

... Eat in or take out

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